

Sports Rules for St. Martin Athletes

1. Athletes must change into appropriate clothes for practice. School uniforms and game uniforms are NOT proper attire. (Athletes should wear shorts, shirts, tennis shoes/cleats. All girls should have their hair pulled back out of their face. And please remove jewelry and watches before coming to practice.)
2. Athletes MUST have their team uniform on game days in order to participate.
3. NO FOOD is allowed in the gym for any reason.
4. Athletes may NOT chew gum during practice or games. Gum is NOT allowed on the school campus at all.
5. Athletes need to arrive for games at least ½ hour BEFORE the starting game time. Their placement in the game could be affected by a late arrival.
6. Athletes are responsible for ALL uniforms and equipment. Any damaged or lost uniforms are to be paid for by the athlete.
7. All team uniforms MUST be turned into the Athletic Director at the end of the season. (A penalty will be handed out to those who are late)
8. Athletes may NOT leave the school property before or after a practice/game unattended. (7-11 is OFF LIMITS!! A detention will result, and their game playing time will be restricted if this is not followed!)
9. **By signing this form, the athlete is COMMITTED to the St. Martin team for the ENTIRE LENGTH of the season and is expected to attend ALL practices and games! If an athlete quits in the middle of the season, they will NOT be able to participate in the next school sport they sign up for!**

Suspension from practice(s)/game(s) will occur if an athlete:

- Leaves school grounds before practice/game unattended
 - Uses improper language
 - Is disrespectful to coaches/players.
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I have read and I understand all of the rules mentioned above. I also, understand the reasons for suspension from the team if these rules are not obeyed.

Student's Signature _____ Date _____

I have read over these rules with my child and we both understand the importance of fully committing to a team and maintaining a positive, safe environment for sports.

Parent/Guardian Signature _____ Date _____

St. Martin School
Parent/Student Consent Form

My child _____ has permission to participate in the after school athletic program at St. Martin School. We realize that both parents and students have responsibilities to the team and school. I agree that he/she *will participate ALL season* for whichever sport he/she has chosen. *I understand that I may take my child from the team ONLY after consulting with the Athletic Director and my child may face the consequence of not being able to play in the next scheduled school sport he/she signs up for.*

I also understand that as part of the after school sports program, my child may be transported by parent drivers.

Responsibilities of the parent(s):

1. Parents are responsible for helping with the transportation to and from practices and games.
2. Parents are asked to volunteer as a team parent.
3. Parents are encouraged to help athletes care for their uniforms and return them on time in the same condition they were received. **(Students turning in uniforms late will receive a penalty)**
4. Parents' conduct at practices/games should be supportive and positive towards the athletes, coaches, referees, and the opposing team. *(If the conduct is not positive, the coach, Athletic Director, and Principal will restrict the parent from attending.)*
5. A \$40.00 sports fee per sport is required for each athlete.
6. Parents are encouraged to attend games and to support their child and the school in athletic events.

I have read, understand, and agree to the above statements.

Parent's Signature _____ Date _____

Responsibilities of the Athlete:

1. When in uniform, the players must conduct themselves in accordance with the St. Martin School behavior code found in the school handbook.
2. Uniforms must be cared for properly and worn **ONLY** for games.
3. **Athletes are expected to earn a C+ or better in Conduct, Effort, and Homework.**
4. Athletes, who are waiting for practices/games after school, **MUST** go to Extended Care or go home with their parents. No athlete may leave the school property (going to 7-11) before or after a game/practice unattended or their playing time will be restricted and a detention will result.
5. Athletes are expected to attend **ALL** practices and games. The following attendance requirements will be enforced.
 - **1 unexcused absence:** Athlete will not start the next game.
 - **2 unexcused absences:** Athlete will not play in the next game, but will be expected to attend the game in uniform and sit on the bench.
 - **3 unexcused absences:** Athlete will be removed from the team.

I have read, understand, and agree to the above statements.

Athlete's Signature _____ Date _____

St. Martin School Athletic Department Emergency and Health Information

Student _____ Grade _____ Sport(s) _____

Address _____ City _____

Home Phone _____ Date of Birth _____

Please fill out the following information completely. This will enable us to care for the students in case of emergency, illness or accident in accordance to the parents' wishes.

1. Mother's Name _____ Father's Name _____

Home Phone _____ Home Phone _____

Work Phone _____ Work Phone _____

Cell Phone _____ Cell Phone _____

2. In case of emergency, who can be contacted other than parent/guardian?

Name _____ Phone _____

Name _____ Phone _____

3. Is your son/daughter allergic to any medication? _____

If so, please describe _____

4. Is your son/daughter taking any medication on a regular basis? _____

If so, please describe _____

5. Is there any history of asthma? _____ If yes, is an inhaler available? _____

6. Physician's Name _____ Phone _____

Dentist's Name _____ Phone _____

Preferred Hospital _____

7. Insurance Company _____ Policy Number _____

I hereby request that the student named above be allowed to compete in the St. Martin after school athletic program. In case my child becomes ill or is injured, you(as the coach or Athletic Director) are authorized to have my child treated. I authorize the medical agency to render treatment.

Parent/Guardian Signature _____ Date _____

DAY CARE RELEASE FORM

If your child attends daycare, he/she needs to have this form filled out by a parent/guardian in order to participate in practices/games during daycare time. Please fill out this form and return it to St. Martin School.

As the parent/guardian of _____, I give my permission to release him/her to the care of the authorized coach for the purpose of attending practices/games for the 2006-2007 seasons.

Parent/Guardian _____ Date _____

Student _____ Grade _____ Male Female